

Projector Teleconference -- August 2014
[Sandy Freschi](#), facilitator (Human Design Specialist)

Many thanks to Susan Stanley for contributing to the Projector Community by transcribing this teleconference

S: Great. So this is Wednesday, August 20th, 2014.

This is our totally experimental, first-ever, Projector Teleconference.
And I'm so glad that you guys that are on the line have made it here.
I see on Web-Cast we've got Robin; welcome. Margie, welcome Margie.
Lorraine can't be here.

Dolores, if you're on the line, go ahead and give us a big "Hello," because I know that you sent us a note earlier on the Web-Cast box, so if you're here welcome, and let us know you're here.

S: Who's on the phone?

Francis (F).

S: Hi Francis. / Hi.

Hi, my name is Sandy, I'm from Philadelphia (SfP).

Hi Sandy. Welcome

SfP: Thank you.

S: Anyone else want to say "Hello?"

It's totally optional you guys.

[unrecognized]: Do we mute ourselves with *6?

S: Yes you can mute yourself with *6 and let me make sure I have the right information here for you.

Actually I wanted to take everybody through a meditation and I was going to mute you anyway.
But you can mute yourself on *6 and then you can unmute yourself on *7 if you're muted
and I have the line open. So, does everyone understand that?

[unrecognized]: Sandy, can you hear me?

S: Yes.

R/S: Oh good. Hi, this is Robin. / Hi Robin.

S: *6 if you have some background noise and I have the line totally open now, so.

[further housekeeping]

S: For anyone I haven't worked with in some capacity, or I haven't met, I don't think I've introduced myself.

I'm Sandy Freschi, I do Human Design, I'm a Human Design Specialist.

I'm also a Life Coach and I'm also really delighted that you guys are here.

And if you found this from some other way, other than <humandesignprojector.com>, this is where we're housing these calls and all of the programs to empower Human Design Projectors that I produce. Or that I have stewardship over I guess.

So does anyone have anything that you want to focus on, that you want to share, before we get started? So that you can kind of put it into our energy vortex that we're gonna form by just a short meditation, so that we can connect to each other and form sort of a connection, that will support the energy here for the enlightenment and the focus that you've come here to get Nothing? Everyone is totally open, huh? Cool.

S: Well I know Dolores had sent something by message a day or so ago, and I'm just gonna kind of skip through the message so you get the general idea of what I'm working off of, in terms of the theme that *she* expressed.

And it's really about what to do while you're waiting, the day-job issue, and she says that she is trying to follow Projector Strategy and she's waiting for an invitation when it comes to work. So since May she hasn't applied for any kind of work and her current job is only part time with limited hours. So she doesn't really doesn't have a lot of money, can't support herself, so she's living with her partner and parents.

And she's worried that if she doesn't *look* for a job to tide her over that she's gonna exhaust herself and not be available for the people that are really waiting to come calling. Her people to come calling (in her Tribe). So she's wondering how long she's supposed to wait and feels like she is caught in a loop. Can anyone relate to that?

S: Okay. Well we'll talk a little bit about that and then if anything comes up top of mind, for any of you guys, if there's anything you want to share. This is like I wrote to you guys that get my blog post, it's totally experimental here.

So let's go ahead and I'm going to mute you out while we're setting some intention and really trying to get a focus for ourselves. Energetically.

S: Okay. So go ahead and just close your eyes, if you're not driving or in a place where you need to be alert, and just kind of relax where you're sitting or lying down.

And it's always good to start with some deep breaths.

And just breathe deeply allowing each breath to relax your muscles and relax any tension that

you're holding on to. And feel the contact that you have with wherever you're sitting or lying down.

If you're sitting, feel your feet on the floor. Feel yourself sitting in your chair. If you're lying down feel yourself, your body, where it makes contact where you're lying.

S: And the first we're going to do is just kind of clear your energy system.
So I'm just going to take you through a little meditation working up through your Nine Centers.

And the way this works if you know your chart, and you know where you're defined and where you're open that's great, and if you don't that's fine too. Just intend that as we go through each of the centers, that the energy (if you are open) will be discharged /energy you may have been holding on to will be discharged, or that if you're defined there that it will just / your energy will balance in that center.

So let's just start by tuning into that Root Center that's kind of down at the base of your pelvis, and if you're sitting, you might want to sit up on your sitz bones and get a feel for the groundedness that your Root can bring you. And for the energy that it has to manage stress and the flow of adrenal energy through there.

And if it's defined just tap into it and see if you can get a sense if the pulse is "on," or whether it's "off." Do you feel stable, and grounded, and energized? Or does it feel like the bottom has sort of dropped out of your energy?

And whatever it is, it's just fine. Breathe into the Root and just allow that center to balance itself. And allow, if it's open, for any excess energy to be discharged.

This is all driven by imagination, and imagery. But you imagine; **move** the energy in your system.

So just imagine that the discharge or the balance is there.

And then bring your attention up to your sides.

And if you want, you can go ahead and put your hands on your waist, like on the top of your hip bones or in that soft spot in your waist.

And these are the Centers for the Solar Plexus, the Emotional Solar Plexus, and the Spleen.

Just breathe into your **sides**, intending to discharge any energy if they're open, and to balance in your design. Just breathe and relax.

And if you've had a particularly hectic day just rub your sides. Especially if you're open there. Imagine that energy moving, and unblocking itself, and balancing out.

And then move your attention to the space, between your pubic bone and your navel, where the Sacral Center sits. And since all of us on this call don't have definition in the Sacral, and maybe we've been running around with other people who do have definition, let's just intend --with some deep breaths-- to release any Sacral motor energy that we may have picked up. You can just imagine that area being wide open, letting go of any buzz, any Sacral buzz from being around others.

And then when you're ready, just move the hands up to the center of your chest; the seat of your soul, your identity, your G Center.

S: Breathe into that heart and G Center there, and feel the love that's there.
Just imagine it just sort of pours in with each breath, filling you up, balancing you out.
And if you're open there, just clearing out anything that's not yours.

And another deep breath.
And move your hands just over to the left a little, where your physical heart would be.
Imagine that this area is intimately connected with that little (if you're defined) red triangle
off of the G Center, that little triangle which is the will center / the physical ego / the Heart Center.

And if you're defined you know how **hard** this will center drives itself.
Just take a deep breath and let that energy relax in there.

Let your heart relax. Your physical heart.
And if you're open there allow any will energy that you may be amplifying
just to relax and release.

And then with another deep breath bring your hands up to the area of your throat,
just lightly caressing that Throat Center. Maybe even just hovering over it.
Breathe into that area and allow the urge to speak, and express, and push for recognition
just to be released. Just let your throat relax so that you can just be.
Breathe into that area; imagine that it's expanding and balancing, and relaxing and releasing.

Move your hands up, or your attention up, to the area on your forehead that's kind of between
your eyes. And I always like to kind of put one hand there and one hand at the base of my skull.
And this would be kind of related to the Ajna.

Just feel how your hands are just kind of balancing that energy.
If it feels like there's pressure there just breathe and let that pressure release.
Let your eyes relax.

And then with a deep breath move your hands to the top of your head
where your Head Center would be.
And again if you're feeling pressure there, just imagine that it's releasing and relaxing.
Just breathe, letting the flow of thoughts and inspiration just move as they will.

And then, when you're ready, you can just put your hands where they're comfortable.
And just imagine that there's light and energy smoothing all the way through your system,
all the way through your body, just flushing out any debris.
Flushing out any tension that you may be holding on to. Keeping that breath moving.

And in this space where you've cleared away some of the energies that you may have been
holding on to that weren't yours. And you've *balanced* the energy that **is** yours.
Just feel yourself in that space in your body.

S: And as you become more aware of your own authentic space just imagine that we're all kind of sitting in a circle. And you can maybe imagine that you're turning to your right and to your left, and greeting the people on either side of you, looking across the circle to the other people that are facing you.

And as you do that, bring in this sense that we're all just connecting with each other through this flow of energy, that comes through us, and is really us at our essence. So feel us connecting.

It creates this big opening in the center. This big vortex in the center. Because as the energy moves around the circle we can feel that moving, opening, and attracting our intentions and grounding them for us as we prepare to move through the rest of this hour.

So as this vortex opens and grounds us with our connection, let's just drop some intentions in there for greater connection with our selves, and with the others who have chosen to be here, in this time and space, and for those who will be choosing / or have already chosen to join us through the recording.

So let's just make space and connection and that intention we are all here, we are all valuable, and we are all welcome. And each of us has a precious piece that we're contributing whether we speak or just receive.

And also let's just drop in the intention that each of us gets exactly what we need in terms of support, enlightenment, clarity. Or just a subtle shift that puts you more in alignment with yourself. And if you have a specific intention, go ahead and just drop that into the vortex so that it gets grounded with the energies that are here.

And now with a big deep breath, go ahead and open your eyes, and allow yourself to come back into your physical space. And just feel yourself centered where you are, and well as connected to all of us that are here for you.

[further housekeeping]

And if anybody wants to interject an intention, or contribute an intention for what you want to get out of this time, go right ahead.

And otherwise we'll just go with Dolores' original question and theme that she brought up. About what to do while you're waiting and what that's all about. And what that has to do with work and how long you have to wait.

S: Does anyone have anything else they want to discuss or share?

SfP: This is Sandy in Philadelphia. I would like to hear people's experiences.

S: Fabulous. Me too, absolutely!

S: So people's experiences. Do you have a specific thing you want to hear about, how people have dealt with certain things?

SfP: Yeah. I want to hear about the frustrations, the fulfillments, you know the whole range. Whatever I can hear from other Projectors, I'm all ears. I'm open. This is my first time having this kind of conversation.

S: [affirms]
This is my first time too in this format.
There's a formal 90-day group that we do from time-to-time, like that, but this is totally open.

[housekeeping]

S: So does anybody else have anything to add to that in terms of what you want to get out of this?

So here's what I'll do. Let me just throw out a few questions for you and a few thoughts about this question Dolores brought up, about *waiting*. Waiting for a job. About wanting to be clear for when her Tribe comes along and all **that**.

There's always the practicality of how do you feed yourself and all of that stuff.
And unfortunately I've been through it. I know a whole lot of Projectors have been through the free-fall of when you let go and *trust* that when you start to follow your Strategy of to *wait*—
--that some support is going to be there for you so that you're not out on the street and starving.

And it's a really big leap. I know it's a really controversial thing, in the Human Design community, to say you gotta do what you gotta do in the interim to make sure that you take care of yourself.

S: But I don't want to tell anybody what they have to do. And if you've ever watched my video on what to do (financial). I forget what I called it, about my story of trying to get a job after I had kind of lost everything in my life.

You know that's the way that I chose to do it, and that's what presented itself to me for support. It's such an individual thing, and the thing that I want to just make everybody *aware* of is, when we're waiting for invitations, we're waiting for those big things that are going to put us on that trajectory to manage and guide the people that are here and looking for our wisdom and all of that stuff.

But we don't really have to wait for the little things. So here's the question for you: When you're feeling like you've gotta pay the bills and do some kind of work or do some thing that allows money to come in, some kind of income-producing activity, even though you know that's not your **invitation**, how are you going about that in your waiting time?

Like what are you filling your space with?
Are you filling your space with some kind of income-producing activity that actually is going to exhaust you more and weigh you down?

S: Or are you filling your space with something that will support you and actually allow you to have more *joy* in your life, and cultivate more of that love-energy and enjoyment, that really lightens us up (as Projectors) and allows us to kind of align with the true rhythm of who we truly are.

So I'm going to throw that out there and you guys tell me your experiences, or share your experiences, or your questions.

Any input? Any thing?

S: What *are* you filling your time with? What are you filling your waiting time with?

SfLB: Sandy, this is Susan in Laguna Beach.

S/SfLB: Hi Susan / Hi

SfLB: For me it's been / it took me a very long time, but filling time, it's not just filling time, but recognizing I'm really preciousy abusing time in doing things that I didn't think that I had time to do. Like gardening. Or paying attention to some of the details of my life, or some things that are just important to me.

That I felt that I needed to be more...that I just wasn't entitled to spend time doing things that seemed like luxuries or distractions, when actually they are more inherent with who I am. They are now creating opportunity.

S: So you have really filled your time with things that have allowed you to discover more of who you are and align with that then.

SfLB: Yeah. All the things that I felt, "Well I don't have the time to do that."
"I need to get busy with this generating of income," or taking care of these important things. And what's important are the things I really resonate with.

And the more things I resonate with, the more opportunities / the right people / the right things, there's more of a synchronicity.

And it's very challenging, but letting go of the idea of, "But how is this working?"
It really doesn't matter how it's working, and I may not have the capacity to understand it, so I can leave that alone. And if at some point I grasp that, that'll be *great*, but right now I don't need to know how.

S: And there's such magic in the mystery of **how**, isn't there?
It's part, I think, of the grace and of letting go, and just filling the time with / the filling the wait space with those things that little-by-little allow you to open up and connect more with yourself, and the things that light you up, and all of that.

S: And I'll just bridge this with the possibility of getting a part-time-job or another job or something like this. If that is engaging in the short run, that is going to allow you to have more energy and freedom because you are freed-up from the *worry* of how in the world are you going to keep the roof over your head.

S: Then that may be a clue, depending on what your decision-making-authority is that you gotta work it through (depending on if you're in the moment or if you have to consider it over time). That's a factor to consider.

- Is this activity going to really light me up?
- Is it gonna free me up so that I can light up?

~~~the *invitation*~~~

S: What do you think? What are your experiences?  
[2 to 3 responses immediately]

SfLB: I think I agree, and I'd like to hear from other people and their experiences as well. I'm gonna put myself on mute.

S: Great. Anyone else want to jump in?

R: I'll share. This is Robin.

S/R: Hi Robin / Hi.

R: Well I would agree with what's been said.

You know / Sandy knows I entered this experience with Human Design and being Projector, it felt like an emergency for me, like I needed to find a different way to live as who I was, because the other way was making me a **wreck**. Especially around money and not having it. And so I finished the 3-month course with Sandy just around the time I was leaving to come back to my *home*, which is where I am now, I was somewhere else for a while.

And I wanted to share that I'm doing it. I'm really using what I learned in that course, and I am filling my time with what I love, what I'm drawn to do, and with very deep inner-looking, because that's what's coming up for me.

And writing about it and really going just so deep, and using the luxury of this time to do that, because that's really what I'd like to do and want to do. And my desire and belief is that at some point there is going to be a way for me to be of service, to the world through this, in a work that I do.

And so I really come back here with a commitment to not worry about money, and to actually not work a lot, and it's delicious. Like there's nothing I'd rather do than have the time and space to do what I do.

R: Annd I wanted to say, I have had, it's just been amazing to see the *invitations!*  
It's just been amazing.  
Like invitations have come out of nowhere. Out of nowhere.  
When I need it.

And is it's truly a new relationship. It's about a new relationship about me and who I am and with the universe. And about how that relationship *works*. And it's like the more I go deep into doing the inner work that I want to do, which includes taking walks in nature. It includes a lot of **things**; it's not just sitting there thinking.

But the more that I do that, the deeper I go into that, it's like the more I'm feeling trusting of the universe; instead of the opposite. It's like I'm entering into a new terrain of relationship. So anyhow...

S: All right.

R: There's still, you know I don't have the money coming in very much. I'm not really worried. I'm *concerned* but so far I know I'm still here and so thoroughly enjoying the process of doing what I really love to do that it's all worth it. And I'm okay with it all.

S: [affirms]

I just want to invite everybody to just take a deep breath and soak in that inspiration. I can feel or hear the lightness in your voice Robin. And it's almost like I can see you visualize you floating along [slight chuckle] on the energy of grace.

R: [affirms]

S: It's just amazing. And I so appreciate your sharing what has transpired because you've done your work. You're doing your inner work and you're trusting.

R: [affirms]

Well honestly, not to sound like a commercial for you, but why not?  
The fact that I was led to Human Design, when I knew nothing about it, and found out about being a Projector. And then found Sandy and was able to work *with* you, Sandy.

I mean it felt like a matter of life-and-death to me; I mean I needed to come back here with a new way of living, and working with you was (you know I've told you, but just for the others) was so transformative for me. Mainly starting out with relating to terms of who I am.

What I am, and who I am, and how to **contact** that.

It's a whole new way of living and I'm so profoundly grateful because I couldn't continue the other way; it was just not working.

I don't fit into the mainstream Generator paradyne. It's so nice to have found it. I'm so grateful.

S: Well I appreciate the plug but I'm going to toss it right back to you.  
I'm right there with everyone else. I'm taking it in and receiving it gratefully  
and I'm tossing it right out to everyone else: That regardless of how you do it,  
or how you approach your inner work or who you work *with*, it is all about opening up, freeing up,  
making those shifts that are so counter to most of what most everybody else is doing out there.

And you were ready, and I'm sure there are a lot of other people who are listening (or who will be  
listening) that are ready to go to that depth with themselves. And open up that new way of being.  
So, fabulous. Does anyone else want to share inspiration, or have any questions for Robin, or...?

S: Oh by the way, I put this out in the weekly e-mails that most you probably already get, but I really  
want to invite any of you who have success stories, or experiences that you want to write about, to  
contribute to the Human Design Projector blog on the website that I foster and am working with.  
So if you have anything, please contact me and I'd love to work with you on that.

Because it's so important to hear people's stories. Like to hear when you, Robin, let go and really  
focused on what you needed to do to make that shift for you to be yourself. What happens.  
Where you were and how far you've come. Those are the things that really help people, Projectors,  
can use as some sort of model.

I have to be a different way.  
The way is always the way that is really *you*, but sometimes it helps to have some models and  
inspiration along that way.  
Because it can be pretty dark for some people.

Does anyone else want to jump in?  
Any thoughts, any ideas?  
Anything you want to contribute?

S: Well I'm just going to throw this out to you, Delores, I hope you're still listening.  
Did we cover some things that can help you to answer your question about what to do  
about the job dilemma?  
I'll refresh. [housekeeping]

S: And Margie says she's not being heard when she speaks.  
Someone from New York is muted; I'm not sure if that's you Margie or not.  
Margie, if you are on the Web-Cast you actually are not going to be able to  
/ if you're not calling in on the phone you're not going to be able to be heard.  
I'll only be able to read what you're writing in the box.  
But if you're the one from New York I think you can press \*7 to unmute yourself.

S: Okay, I think that's Delores saying, "yes," that she got it.  
And she is getting pressure from others to get out there and work too.

~~~the invitation~~~

S: Does anyone else have that issue, where they are getting pressured about getting out there and getting a j-o-b?

[male]: All the time.

[male 2]: Yes.

S: Who's speaking, is that Francis? Who is that?

[males double on answer]

S: [laughing] I think there are two of you there.

J: Yes, this is Joseph from [].

S: Oh hi, Joseph.

So you're having that pressure?

J: All the time, all the time.

I guess it's just conditioned from my parents, they're pretty old school:

Go out, make changes. And pretty much do it. Like *contribute* pretty much.

S: [affirms]

J: I pretty much feel the pressure of, "Gotta get outta here; gotta go to school, gotta get a job."
Get a job with benefits and all that good stuff.

S: [affirms]

Let me ask you this because I know we've worked together: How are you dealing with that?

J: Well ever since I met *you*, I'm kinda new to the whole Projector and Human Design and everything else, but like I told you, I went out and got a second job and it didn't really work for me; it really didn't resonate with me. It's like I would do good at one job and then terrible at the other.

[background noise/doubling/housekeeping]

S: Okay. Well you know there is / it's great for us to get together like this because the Generator world doesn't quite understand why we're waiting and we're not getting out there and doing it.

Especially the Generators who are acting like Manifestors, who are conditioned like Manifestors.

S: And it's really good to be among people who kind of get the idea. You know, it's more honoring and more correct for us (globally), as Projectors, to just sit back and wait and observe. And be very clear about things and wait for those invitations to call us **out**.

So I'm glad you made it here. I don't know that there are ever any answers to that. I do know a lot of people do make judgments about Projectors being lazy and stuff like that.

And if anybody has any way that you deal with that, that would help someone else, we'd / I'd love to hear it.

F: Oh hey, Sandy?

S: Yes. Who's speaking?

F: Well this is Francis. It's good to be here.

S: It's good to have you.

F: It's good to hear everyone tell their story.

I'll probably repeat what I told you when we first started conversing.

I have an astrology practice and when I wanted to increase my astrology practice I started marketing and putting up web sites [laughing] and the more I did that the less work I got.

I don't why that's kind of funny, but that Generator world that keeps on pushing and pushing and doing and doing, it's easy with all these open centers to get sucked in to all of that. But it really doesn't work, so I was looking for a way around all that. So it helped me, what Robin and other people are saying too, yeah you get this signal that people think you're lazy, or crazy, or you're irresponsible. And you're not that at all.

You have all these gifts and insights to offer, but you can't just lay them at people's feet. I've done that so many times and gave my work away. Both as an astrologer and a healer, just dropping my prices more, which isn't a good thing to send to the universe; just sayin' I'll work for less and less.

When actually what you have to offer is really valuable. So I'm going through a period right now, I just moved with my partner up to Joshua Tree (from Idlewild).

It's really quiet out here on the desert. It's much more suited to my nature, not having a bunch of Generator energy around me. But fortunately as an astrologer I also can track what's going on around me astrologically too, so it helps to know what is going on that way too.

Just seems like reaching a point in my life to just come to a real stop. Just let everything stop as much as possible. And then listen real quietly.

Whether that invitation comes from an external source, or even from an internal, it's listening to my higher self and following that direction, just allowing myself to be inspired.

F: Because I do have a Head Center that's defined, and an Ajna Center, and a Throat Center, and a Spleen. So I'm really wanting to tune in to what's going on there rather than respond to all the pressure from the Generator world. Which just drives me nuts, really.

I mean my partner is a Splenic Manifestor [I may say] Emotional Manifestor, so we're both able to share in that. We go out, we can't wait to get back. [chuckles]

S: [affirms]

And for anyone who doesn't know what an Emotional Manifestor is, a Manifestor is open in the Sacral center as well, but they have 1 of the motorized centers hooked up to the Throat [center] so they can manifest. They can initiate. And I'm wondering if your Manifestor partner has been able to initiate you into certain opportunities.

F: That's something that we needed to come here to work on.

S: Ah hah.

F: It's just finding ourselves in the right environment; the environment is very important to her. 'Cuz the direct light is really important, so we / yeah, Joshua Tree --the desert, the sun. She's changed. Her body needs the sun in order to thrive. So we're willing to do the experiment.

S: [affirms]

I like what you said, about you knew that you just needed to stop. And that was my experience as well, you know. There was a point where I had been going, and going, and going. And actually everything stopped before I was ready to stop.

Like it took me a couple of months to surrender to the stop. But the income stopped. The connections stopped. Everything stopped and went still. And I remember that day. It was like the end of November 2000-I-forget-what-year, 2009, and I felt it. Stop.

And I resisted it for a couple of months and I had some relationships to get out of. And things that needed to run their course and really I needed to move on from. But then I really surrendered, *that's* when the inspiration started to come. And that's when I could really allow myself to trust the universe and trust that the support that I really needed would come, even if it didn't look like what I thought it should look like.

So I love how you said that; that you just stopped.

F: [affirms]
It's a work in progress, stopping.

[mutual chuckle]

S: [affirms]
It's a whole exercise in itself. Does anyone else want to contribute on that?
There's Rohana. I'm looking here at what you wrote, and it's a little bit different than what we're talking about, but want to let you know we're going to address it before the end of the call.

But I want to make sure everyone gets a voice with this idea of 'what's in your space while you're waiting' and the rhythm of waiting and stopping and how that works for you.

Okay so if you're ready to move on, Rohana asked if (let me see if I've got it here),
"What if the person you're waiting to give you an invitation is also a Projector?"
And this is really a **common** question, I've heard it so many times, and I don't know if there's actually an *answer*, a textbook answer for it.

When two Projectors get together who makes the invitation?
You know? Do you make the invitation, did the other person make the invitation?

Does anyone have any thoughts on that?
Any experience with that before I jump in? I have a little bit of experience.

Okay, has anyone else ever had that *question*?

[unrecognized]: I just want to say that I *think* that's what another Projector can do. I'm related to several and what my experience has been is that they actually can / actually makes me look beyond what my limited, definition of myself is.

That I can consider directions I haven't considered and actually have skills I've been unaware of.

S: I'm sorry, there was little bit of a background there; can you repeat it?

[unrecognized]: Not the way I said it, no. [laughing]
For me it's that other.
Specifically I have a nephew who's a Projector. I'm about 38 years older than he is.
And in a way it's kind of a kick in the pants to have me look at things in a different way and get out of self-deprecating definitions. And understanding that not being defined is really a **gift**.
And there are just greater possibilities that I didn't consider, in my own experience, on my own.

S: So are you saying that when you relate to other Projectors, they are showing you things about yourself that you hadn't previously considered?

[unrecognized]: It's like getting a kick in the pants for me to just try other things I haven't considered doing before. And yes, in a way, yeah.

S: So for you it's kind of like when you get with another Projector there's sort of a catalyst. There's sort of a catalytic reaction or connection that'll open the door for more activities, or more actions.

[unrecognized]: Yes.

S: [affirms]

And would you say, I think Rohana's question is more about who actually initiates the relationship or the whole thing.

S: So would you say that with your Projector relationships:

- Does one person initiate?
- Is there somebody in the middle that facilitates the contact?
- Or does it kind of just run together?

[unrecognized]: Well I think it's the idea of trusting your instincts, that's the right thing to do and go with *that*.

S: [affirms]

You know what I find is that it **is** kind of an instinctual thing.

And yet of course, you know, sometimes you aren't going to know you're with another Projector.

But for me, when I've been with Projectors it's sort of like we take turns *inviting*.

And even when I kind of started with these groups (with the Projector Empowerment Program) and all of that.

It happened because I was actually coaching a whole bunch of Projectors and they kept asking me about things. And asking me if there groups of people, other Projectors they could get together with and all of this. And I made contact with *those* Projectors and the ones that accepted the invitations opened up and invited me to actually do more. And it was sort of like a reciprocation of invitations.

S: Now I've also heard with couples, like with couples getting together / romantic couples, sometimes if both know they're Projectors and they're **waiting for the other to make the invitation**. Sometimes it just happens by a third-party intervention.

[unrecognized]: Someone said something earlier about being true to your nature. You know, not over thinking it. Not overanalyzing it. I understand who I am, but I really **got** this is what is to be done.

S: Yeah, that's been my experience as well. Yeah.

S: I have a close friend who is a Projector, and again we met before we actually knew that. And for a while there I thought she was a Manifesting Generator because I had the wrong birth time.

But it made sense looking back, when we met, we met in a public place for the first time. And we discovered that we lived very close together, and this is kind of a rural area, for two of us who are kind of different thinkers to be here. And when we met each other it was like this reunion. Like, "Oh my gosh! We *found* each other!" And it felt **right** to just kind of collaborate and allow the relationship to just spring up naturally from what felt good.

So I hope that helps you Rohana.

S: Tracy says, "'Lazy' is the worst insult I can possibly think of in being a Projector. And living my Strategy is challenging collective conditioning. Not giving a rip about what people think (with Tribal Energy) is a very, very difficult thing. A lonely thing."

I haven't looked at your chart lately, Tracy. So I'm guessing that you have a lot of Individual Energy in your chart. And yeah, it *can* be lonely, especially as a Projector; to be an individual and really be here to kind of collective transform, help The Tribe transform, through your individuality and your differentness ---and then to be a Projector on top of it.

S: Let's see.

Carol says, "I'm an Emotional Projector married to a Splenic Projector. I do more of the inviting, constantly waiting for him to invite me, but he seldom does and it makes me mad sometimes."

[kind laugh]

S: Oh boy. This is kind of going wide here Carol, off of what you said.
I want to just give you something that maybe you can just play with and experiment with.

Since you're both Projectors, I'm wondering what it would be like if you worked more ---when you wanted him to initiate, invite more, or invite you into things--- if you actually sat back a little bit more.

There's two ways that this can happen that you might want to play with:
It's either sit back a little more and be a little more silent --it depends on what else is in your chart.
And that might give him the space to be able to come forward.

S: Or, I'm wondering if --you know, you get *invited* into a relationship.
Or if you entered into the relationship correctly, as a Projector, you then have the energy to initiate (like a Manifestor) within the confines of the invitation.

And that's something that I really had to learn.
My husband is a very open Generator so there's not a lot of energy going up to our throat for manifestation between the two of us. But I was sitting back *waiting* for more invitations when I suddenly realized, when I heard that little piece about Projector Energy, that I could initiate. So that's what I started doing. I don't know if that helps you or not.

Does anyone have any **experience** with that?

[unrecognized]: I might be able to help.
I'm just wondering if her husband has an open Emotional Center.

S: If her husband has an open Emotional Center, is that what you said?

[unrecognized]: [affirms]
Because like in my case, I have an open Emotional Center and so it depends on what I am feeling from the other persons, whether I feel if the energy is good or not.
So I'm just guessing that may be the reason why he is not extending any invitation.

S: [affirms]

Because, if he's got an open Emotional Center, then he's taking in her emotional wave and amplifying it.

[unrecognized]: [affirms]

S: And that can be really / that can cause anybody to shut down.
If that's the case with Carol's husband.

That's a great point. Thank you for that.

[unrecognized]: [affirms]

S: Does anybody know the first aid for if you're open emotionally?

The first go-to thing to do if you're in the midst of someone who's in the middle of their emotional wave, and you're amplifying it, and it's getting out of hand. What do you do?

S: Well what's a good thing to do [that might] ---I have a "go-to," but what do you guys do?
Or is everybody here emotionally defined?

[unrecognized]: No I'm not. I tend to shut down.

S: Okay. Can I offer an alternative?

[unrecognized]: Sure.

S: Get out of the room.

Just get out the space and come back to yourself.

And you know how we did that meditation, in the beginning, of rubbing your sides and all that?

It works for me. Other Human Design practitioners / another Human Design practitioner

I've worked with uses a meditation or a visualization:

Of visualizing, once you're out of that auric space, the clouds going by like its emotions.

And just allowing that energy to discharge before you go back into that situation.

S: So in the case of Carol's husband, if he's emotionally open, he may just need to get back in his own space. Or she may need to allow him back in that space so that he can come to his own sense of self and stay open.

[unrecognized]: [affirms]

S: She says he has an open Emotional Center and he just has a spleen.
So I hope that these are clues, Carol, about what may be going on *there*.

S: And really the great thing, the real power I guess for all design Types (but I know Robin can speak to this and several of you who have been working with your, you know, experimenting with your design for a while) what you begin to understand ---the ins and outs of how to manage your **own** energy field. Then manage your open centers and what's going through *there*.

And letting it go and staying grounded in yourself. A lot of stuff begins to shift around you. At least that's been my experience that's what I've seen of other *people*. So I just want to invite everybody here to begin to experiment even *more* with being open. Giving space. Being quiet. Observing.

All of the standard things that really help you to really kind of modulate the power that we have, as Projectors, in our auric field.

[break]

S: Okay I'm looking at the time here, and I had intended an hour, and we're at about eight-oh-nine.
[1:08:09]

Does anybody have any one last burning thing that you want to throw out, or burning question, burning comment? Contribution? Before we close up.

S: Has this been valuable for you guys?

[unrecognized]: Yes.

S: Yeah. To get together like this a share experiences.

[other unrecognized]: Sure.

[further unrecognized]: Yes. This has been very valuable for me.

S: Great.

Great, that was my idea about it, or hope about it, when I got the inspiration to do it this way.

S: And I'm thinking that, I gotta feel it out with myself and own energy levels, but I'm thinking that maybe a once-a-month thing may be a help a **lot** of Projectors. So you know, do stay tuned because there **is** more. More to come. [laughing]

More that I really want to offer by way of fostering more support among Projectors and opening up a vortex of support and community among us.

So I'm so grateful that all of you have attended and just came out for this.

And thank you so much for participating in my experiment.

And thank you for contributing through your own experiences, and through just being here, and receiving whatever it is that you needed to receive in this time.

So if everybody feels complete I am gonna just invite you guys to close your eyes: Take a deep breath. Put your hand(s) on your heart. Allow love to fill you up. And allow yourself to recognize yourself as the truly precious being that you are.

So take that with you and thank you so much for being here, and stay tuned for more. There's more to come.

[Thanks given and > 6 minutes of music is presented.]